

Valley Community Baptist Church Support Groups

Divorce Care:

Divorce Care is a thirteen week support group providing support for those getting divorced (legally separated, or where there has been infidelity or failure to financially support) or for those who are divorced.

Date: The next session will begin October 19.

Time: 7-8:30 p.m.

Room: 203

To register, contact Lynne Gucwa at 673.6826 x108 or lgucwa@valleycommunity.cc.

Prayer Support:

On Monday evenings Pastor Steve Johnson will be in Room 206 to meet with those individuals who might want someone to pray or talk to regarding their life situation. No appointment is necessary.

Date: Mondays (ongoing)

Time: 6:30-7 p.m.

Room: 206

Grief Share:

Grief Share is an eight week support group for those grieving the loss of someone close.

Date: The next session will begin October 19.

Time: 1-2:30 p.m.

Room: 209

To register, contact Lynne Gucwa, 673.6826 x108 or lgucwa@valleycommunity.cc.

Men's Grief Group:

Men's Grief Group is a support group for men grieving the loss of a child.

Date: 1st Monday of the month (ongoing)

Time: Begins at 7 p.m.

Room: 206

To register, contact Pastor Steve Johnson, 673.6826 x106 or stjohnson@valleycommunity.cc.

Hearts that H.E.A.L.

This is a support group for mothers grieving the loss of a child.

Date: 3rd Monday of the month (ongoing)

Time: 7-9:30 p.m.

Room: 206

No registration is necessary.

Family and Friends of GLBT

Date: 3rd Monday of the month, (ongoing)

Time: Begins at 7 p.m.

Room: 208

No registration is necessary.

Community Support Groups offered at Valley Community Baptist Church:

NAMI Connection Recover y Support Group

This a peer-based mutual support group for people facing the challenges of recovering from serious mental illness. It focuses on allowing participants to share their experiences and learn from each other in a safe environment where everyone has something to contribute and learn. This group is ongoing and meets every Monday, from 7-8:30 p.m. in Room 311. No registration is necessary. For more information, contact Janet Brownstein at 860.620.7717.

NAMI Family-to-Family

This group meets each Monday for twelve weeks from 7:00-9:30 PM in Fellowship Hall F. The next group will begin September 17. It is open to families and friends of people with mental illness and focuses on sharing experiences and information. It is facilitated by volunteer NAMI-FVCT members who have been trained in support group facilitation. To register, please contact Janet Brownstein at 860.620.7717.

NAMI Educational Meetings

These workshops are presented on the 1st Monday of the month, from 7-9:30 p.m., on topics of interest to the NAMI community. No registration is necessary. For a schedule or for more information, contact Janet Brownstein at 860.620.7717.

NAMI Support Family and Friends

This is an ongoing drop-in group for family members of those with a major mental illness, meeting the 3rd Monday of the month from 7-8:30 p.m. in Fellowship Hall D. No registration is necessary. For more information on the NAMI support groups, namicted@namict.org. For more information on this group, contact Janet Brownstein at 860.620.7717.

After You Adopt

This is a monthly support group for parents. Guest speakers and special topics are discussed for both domestic and international families of adoption. For more information or to receive a newsletter and schedule visit www.afteryouadopt.org.